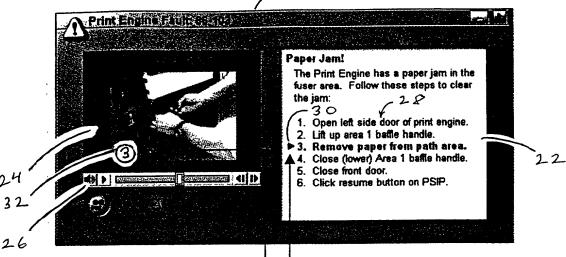


F = 6. 1

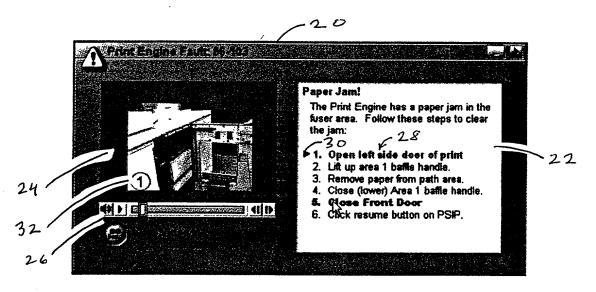


20

## Video→Text Linkage:

As soon as the instruction video reaches a certain step, the corresponding step in the text box is then visually accented.

Fra. 2\_A

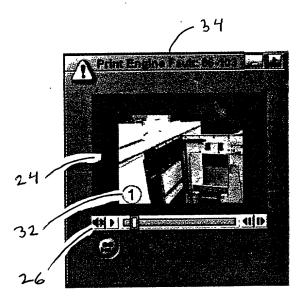


## Text-→Video Linkage:

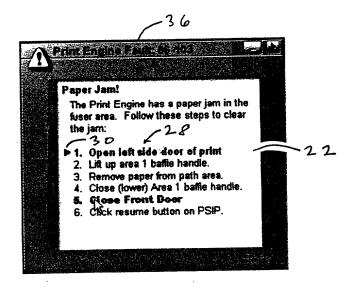
Another step can be viewed in the video by rolling over and clicking on another set of step text. This will cause the video to fast-forward or rewind to reach the beginning of the new selected step. Once it has reached the selected step, it will then automatically being playing.

F = G = 2B

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FIR. 3A



Fra. 3B

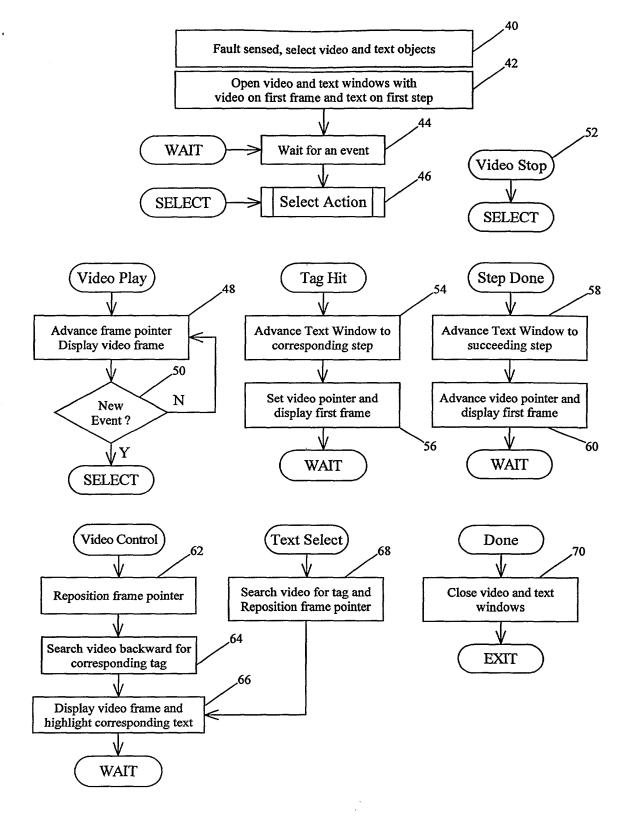


Fig. 4